

## Older adults are living historians

There is so much to learn

*if only someone will listen...*

*if only someone will ask.*

Bring back old memories  
and create new ones  
with Bi-Folkal program kits  
from the library.



### Mini-Kits: Activities & Materials

	DVD	VHS
Aprons	—	—
Friends	—	—
Christmas	—	—
Valentine's Day	—	—

### Picture Sets - 12 per package

African-American	Labor Day
County Fairs	Memorial Day
Family Doctors	Midwestern Farming
The Fifties	Pets
Food	Spring
Home Work	

### Activity Guides

Easter  
Mothers  
Fourth of July  
Thanksgiving  
Fathers

## First Regional Library owns the following kits:

Remembering	DVD	VHS
Spring	—	—
The Fifties	—	—
African-American Lives	—	—
Home	—	—
Pets	—	—
Fun & Games	—	—
Music	—	—
The Fashion	—	—
Work Life	—	—
The Home Front	—	—
Summertime	—	—
Birthdays	—	—
Automobiles	—	—
Fall	—	—
Farm Days	—	—
School Days	—	—
1924	X	—
Train Rides	X	—
County Fairs	X	—
The Depression	X	—

Plus several binders with "Complete the Sentence" activities and more.

All available for checkout at your library! To find out more, contact your local library or visit First Regional Library's website at [www.firstregional.org](http://www.firstregional.org).

*Let us know when kit pieces are damaged or missing—they can be replaced!*



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# PROGRAMS TO REMEMBER



## are in the bag!

**R**emembering any time or topic is easier when you can see pictures of your memories, or touch or hear or smell them. When memories are shared in a group, each person's experiences can add to a deeper understanding of our past—and perhaps our future. Multi-sensory kit pieces focus on themes including school days, railroads, fashion, pets, automobiles, and the decades of this century.

### Use with groups of older adults at

Senior centers  
Nursing homes  
Nutrition sites  
Churches  
Anywhere

### Great for intergenerational programs with

Students  
Scout troops  
Youth groups  
Families

### A whole series of programs is in the bag.

With the variety of materials in each bag, you can choose something for one short program—or use it all for a series of programs. Adapt the pieces to make the program just right for your group.

Use the same kit over and over for always-new discussion.

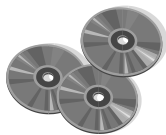


## Just what exactly comes in the kit?



### Audio-visual presentation

In DVD and/or VHS video! (See the back of this brochure for a list of kits and formats available through this library.)



### Manual

A how-to-do-it guide with instructions on how to get a program going, a list of questions that will stimulate discussion, resources and ideas for related activities.



### Sing-Along

CD or cassette offers vocal and piano accompaniment for sing-along songs. You'll never be singing alone! Plus stories, mood music, or radio shows.

### Booklets

Sing-along songs, poetry, photographs, and other discussion-starters are all printed in large type.



### Skits or jokes

Add a touch of humor to a program. Offer another way to involve participants and prompt discussion.

### Things to touch

Shapes and textures spark memories and encourage stories from older adults. (Some of these may be mystery items for younger people.)



## Just add audio-visual equipment and a group!